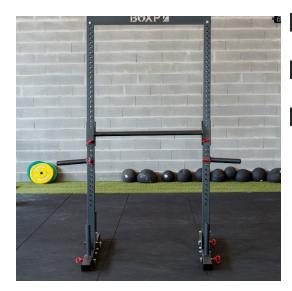
# Technical File STRONG YOKE



# DIMENSIONS

1900 mm x 1515 mm x 2500 mm

### **WEIGHT**

98 kg (with all components) | 93 kg (without pull up bar)

## **SPECIFICATIONS**

**Composition:** Square tube, round and iron plate. Finished with micro textured electrostatic powder paint. Polyethylene covers.

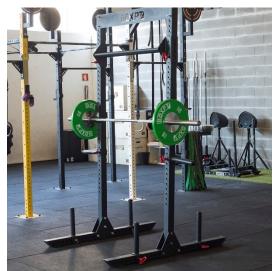
**Pull up Bar:** 33 mm diameter. **Support Bar:** 80 mm diameter.

**Length of the loading tubes:** 320mm length and 49mm diameter.

Color: Black. Other colors on request.

## Components:

- 2x Bases;
- 2x Poles;
- 4x Fitting triangle;
- 1x Support bar;
- 1x Pull up bar;
- 1x Logo Panel.



### **PURPOSE**

Transportation of weight from one point to another. Used in strength and conditioning training. Very common in strongman.

## **MAINTENANCE**

The cleaning of the shaft (removal of magnesium and dirt) should be carried out weekly, depending on its use, focusing especially on the application of a lubricant and anti-rust liquid (e.g. WD40 spray).

### **WARRANTY**

For final consumers of 2 years.

For 1 year business consumers.

Exclusion of warranty: When misuse is verified. When not properly cleaned and maintained as described in the maintenance section.



