

FOAM ROLLER SPIKE



DIMENSIONS	Length: 315 mm
	Length of foam: 300 mm
	Diameter: 125 mm
WEIGHT	700 g
FEATURES	Composition: EVA foam and ABS plastic.
	Color: Black, blue and gray.
	EVA foam with 156 hexagonal cells of 15 mm height. Tops with opening for storage of accessories.
FUNCTION	For myofascial release. Increasing fiber flexibility and improving post exercise recovery.
MAINTENANCE	It is advised to clean and sanitize after every use. Do not put in direct contact with heat sources, or in places with cold temperatures may lose its properties.
	For end consumers: 3 years. For business consumers: 1 year.
WARRANTY	Exclusion of warranty: When misuse is verified. When proper cleaning and maintenance is not carried out as described in the maintenance point. Wear on the center of the cable due to its use on rough surfaces.