

WEIGHTED HAMMER



DIMENSIONS	4 kg - 160 mm x 50 mm x 750 mm and 32 mm in diameter 6 kg - 190 mm x 60 mm x 760 mm and 32 mm in diameter 8 kg - 190 mm x 60 mm x 995 mm and 40 mm in diameter
WEIGHT	4 kg 6 kg 8 kg
FEATURES	Composition: Round tube and block with micro textured electrostatic powder coating finish. Knurl: 480mm (4 kg and 6 kg) and 650mm (8 kg) Tube clamping: 32 and 40 mm in diameter. Color: Black.
FUNCTION	Simulates the movement of a real weighted hammer, strengthening the grip and all upper body muscles. Ideal for high intensity training, it can be used for mobility training.
MAINTENANCE	The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a lubricating and anti-rust liquid.
WARRANTY	For end consumers of 2 years. For 1 year business consumers. Exclusion of warranty: When misuse is verified. When proper cleaning and maintenance is not carried out as described in the maintenance point.