

ADJUSTABLE DUMBBELL





DIMESIONS 515 mm x 76 mm x 76 mm

6.25 kg WEIGHT

Composition: High quality steel alloy.

Color: Chrome on the sleeve and black on the grip.

Tightness: 28 mm in diameter

Disc sleeve: 170 mm long and 49.8 mm in diameter **FEATURES**

> Knurl: Diamond relief. Bearing: By copper washers.

Maximum Capacity: 130kg

FUNCTION Used for lifting free weights that can be both unilateral and even. Weight adjustment from fractional discs.

The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of **MAINTENANCE**

a lubricating and anti-rust liquid. Bearings: Bearing lubrication should be carried out every 6 months.

Lifetime.

Exclusion of guarantee: It cannot fall without weights. You cannot fall with weights on a rubber floor, or another floor WARRANTY or product for damping falls, less than 15mm. It must not be used outdoors. It should not be packed with weights. When

proper cleaning and maintenance is not carried out as described in the maintenance point.