

# SLAM BALL



## DIMENSIONS

Approximate diameters which vary according to the weight:

3 kg to 10 kg - Ø220 mm | 15 kg to 30 kg - Ø260 mm | 40 kg to 50 kg - Ø285 mm | 60 kg to 70 kg - Ø320 mm

## WEIGHT

3 kg | 4 kg | 5 kg | 10 kg | 15 kg | 20 kg | 30 kg | 40 kg | 50 kg | 60 kg | 70 kg

## FEATURES

**Composition:** Core in iron sand and air coated in a rubber ball.

**Color:** Black.

Big knurl for better grip when gripping.

## FINALITY

They are balls of weights that can be used in countless exercises with the movements of pulling, carrying and isometric.

## MAINTENANCE

Cleaning and sanitizing with a damp cloth should be carried out after exercising or at the end of the day of use. Use damping floor for falls. Do not drop on other objects. Do not fill or empty the balls.

For end consumers of 2 years.

For 1 year business consumers.

## WARRANTY

Exclusion of warranty: When misuse is verified. Misuse includes throwing the ball at abrasive and / or sharp surfaces. When proper cleaning and maintenance is not carried out as described in the maintenance point. When there is an attempt to fill or empty the balls.