



WORM BAG

DIMENSIONS	<p>Diameter: 300 mm</p> <p>Length: 4200 mm</p>
WEIGHT	<p>Empty weight: 6 kg</p> <p>Maximum weight of 210 kg</p>
FEATURES	<p>Composition: Nylon 1000D e velcro.</p> <p>Color: Black and red.</p> <p>Composed by:</p> <ul style="list-style-type: none"> - Worm Bag; - 2x - 1200 mm bags for a maximum weight of 54 kg; - 2x - 850 mm bags for a maximum weight of 42 kg; - 3x - 75 mm bags for a maximum weight of 4 kg. <p>Filling: with crushed rubber and sand.</p> <p>Filling not included.</p> <p>Order of placing the bags inside the worm bag:</p> <p>1200 / 75 / 850 / 75 / 850 / 75 / 1200</p> <p>To be used by 4 people.</p>
FUNCTION	<p>For teamwork in synchronized exercises such as lifting the floor, squats, transitions in elevation of the head from one shoulder to the other shoulder, among other possible exercises.</p>
MAINTENANCE	<p>Cleaning with a damp cloth should be carried out after exercising or at the end of the day of use. When storing, do not place heavy objects on top. Do not put the weights on top.</p> <p>For end consumers: 3 years.</p>
WARRANTY	<p>For business consumers: 1 year.</p> <p>Warranty exclusion: Not for use outdoors. When not properly cleaned and serviced as described in maintenance.</p>